

IN THE FOOTSTEPS OF THE DOLINIANS, "TWO RIVERSIDES OF THE SAN"

Dolinianie - Dwa Brzegi Sanu refers to the now non-existent and forgotten ethnographic group, inhabiting the San Valley from Lesko to Stone in the past. The essence of the group is a permanent coexistence, sharing the mysticism of a simple peasant life, interspersed with the doubly celebrated Greek and Roman Catholic religious holidays. The core is openness to the world of the former inhabitants of the San Valley and to the mystical spiritual and culinary experiences of life along the river, seasons and rituals.

The theme of the tour is to discover mysterious and legendary places, ancient temples, forgotten professions of pottery and tastes, as well as the coexistence of faiths, daily and spiritual life, work and rest, fasting and periods of relative abundance of the peasant table to the travelers.

Traveling along the trail, we will discover the culture of Dolinians by tasting and tasting local dishes and products, as well as by admiring the temples, views watched by former residents and watching their lives kept in the farms in the open-air museum in Sanok.

Day 1



Arrival to Sanok and accommodation

Accommodation.

Dinner, free time, overnight.



Hotel and restaurant Bona ***

Where to sleep?

ul. Białogórska 47, Sanok

hotel@bonasanok.pl

<https://bonasanok.pl/>

The hotel day starts at 2 p.m. and lasts until 11 a.m. (the next day).

GPS: 49.5724313, 22.2038457



Or

Accommodation.

Dinner, free time, overnight.



Hotel Sanvit ***

Where to sleep?

ul. Łazienna 1, Sanok

sanok@sanvit.eu

<https://sanok.sanvit.pl/>

The hotel day starts at 2 p.m. and ends at 10 a.m.

GPS: 49.5614934, 22.2061275



Or

Accommodation.

Dinner, free time, overnight.



Hotel Jagielloński

Where to sleep?

ul. Jagiellońska 49, Sanok

jagiellonskisanok@wp.pl

<http://www.hoteljagiellonski.pl/>

Hotel night:

Check-in time: 14:00

Check-out time: 11:00

GPS: 49.5557892, 22.2052202



Or

Accommodation.

Dinner, free time, overnight.



Hotel Under the Three Roses

Where to sleep?

ul. Jagiellońska 13, Sanok

hotel@podtrzemarozami.pl

www.podtrzemarozami.pl

The hotel day lasts from 14:00 to 12:00 the next day.

Restaurant

open from 7.00 a.m. to 9.00 a.m. and from 1.00 p.m. to 10.00 p.m.

Drink bar

open from 1 p.m. to 11 p.m.

GPS: 49.558948, 22.204615

Day 2



Visiting the Folk Architecture Museum

Guided tour of the Museum of Folk Architecture of the Dolinian Sector and the Galician Market, free time (approx. 2.5 hours).



Museum of Folk Architecture in Sanok.

What to see?

ul. Rybickiego 3, Sanok

kasa@skansensanok.pl

www.skansen.mblsanok.pl

Tuesday - Sunday from 9.00 a.m. to 6.00 p.m.

GPS: 49.574206, 22.207669



A walk around Sanok's Market Square and its vicinity

A walk around the Market Square and its vicinity with a guide (including the Castle, the Church of the Holy Trinity).



Sanok Market Square with historic tenement houses, the Orthodox Church of St. Trinity

What to see?

Sanok, Sanok

www.sanok.pl

24h

GPS: 49.55501870000001, 22.2060658



Lunch in Sanok

Thanks to the extraordinary cuisine, you will move to the Galician times, you will taste Lemko and Boyko, Old Polish and Ukrainian dishes. The specialties are simple dishes, based on various types of groats, peas, cabbage, potatoes, wholemeal flour and regional buttermilk.



The Carpathian Food inn

What to eat?

ul. Rynek 12, Sanok

karczmasanok@wp.pl

<https://www.karczmasanok.pl/>

April - October **10 - 22**
November - March **11 - 20**
kitchen **12 - 20**

GPS: 49.5613839, 22.2076159



A walk around Sanok's Market Square and its vicinity, cont

The castle is situated on a hill 317 m above sea level above a steep slope on the eastern side, at the foot of which the San River, currently the Płowiecki Stream, flowed. It is the seat of the Historical Museum. It has the most valuable collection of icons in the country and the largest collection of works by the outstanding Polish artist Zdzisław Beksiński. The museum also has valuable collections: sacred art of the Roman Catholic Church, Pokuttia ceramics, modern art, military, Sarmatian portrait art, archaeological collections and others.



Sanok Market Square with historic tenement houses, the Orthodox Church of St. Trinity

What to see?

Sanok, Sanok

www.sanok.pl

24h

GPS: 49.55501870000001, 22.2060658



A pontoon rafting down the San

Rafting on the San (in bad weather, a longer folklore and presentation program, prepared by the San Valley LAG). Folklore presentation organized by LAG Dolina Sanu (LAG Dolina Sanu, Kościuszki 23), baking proziaki show, valley dinner prepared by the Circle of Rural Housewives. Return to the hotel, overnight.



A pontoon rafting on the San river

What to see?

UL. BIESZCZADZKA 5, Zagórz

KONTAKT@ZIELONYPONTON.PL

<https://zielonyponton.pl/>

Kayaking trip booking (at the PAWUK office or by phone):
Monday - Saturday 9:00 a.m. - 6:00 p.m.
GPS: 49.5757036, 22.201219



On the trail of the San Valley Orthodox Church

Breakfast at the hotel.

On the trail of the San Valley Orthodox Church - drive through Czerteż, Jurówce, Trepcza, Mrzyglód, Dobra to Ulucz, tour of the church in Ulucz (approx. 0.5 hours), walk along the oak avenue, walk to the footbridge over the San river.

Ulucz 16, Ulucz

GPS: 49.6756559, 22.2780784



Orthodox church Ascension of the Lord in Ulucz.

What to see?



Visiting the ruins of Sobień Castle

Drive through Tyrawa Solna, Tyrawa Wołoska (stop at the Quo vadis Sculpture Gallery), along the picturesque route to the Słonne observation deck and further to the ruins of the Sobień Castle on the San, walk and free time for photos.

Manasterzec, Załuż

24h
GPS: 49.5268241, 22.3295778



Sobień Castle

What to see?



Visiting Lesko

Walk around Lesko with a guide, free time.

Lesko, Lesko

www.lesko.pl

GPS: 49.4701205, 22.3304325



Lesko - town hall, castle, synagogue and Jewish cemetery

What to see?



Lunch in Sanok

Carpathian cuisine. The menu is based on the best products from nearby fields, forests and from the best suppliers.

ul. Marszałka Józefa Piłsudskiego 37, Sanok

rest.szalc@wp.pl

<https://szalc.eu/>

Opening hours: 11:00 a.m. - 8:00 p.m.
Barbecue shelter: 13:00 - 22:00
GPS: 49.4820496, 22.3229558



Szelców Restaurant

What to eat?



Ursa Maior Beer Factory in Bieszczady

Transfer to the Ursa Maior Beer Factory in Bieszczady, tasting, refreshments, possibility of buying local Carpathian products (approx. 1 hour).

Uherce Mineralne 122A, Uherce Mineralne

biuro@ursamaior.pl

<https://ursamaior.pl/>



Ursa Maior Beer Factory in Bieszczady

Products

The Carpathian Essence Store

from monday to Saturdays from 10:00 - 16:00
closed on Sundays
GPS: 49.471438, 22.4138643



Castle in Lesko

Arrival and accommodation at the Castle in Lesko, dinner, free time, overnight.

Marszałka Józefa Piłsudskiego 7, Lesko

zamek@gat.pl

<https://zamekwlesku.pl/>



Castle in Lesko

Where to sleep?

open 24 hours a day
The hotel day lasts from 14.00 to 10.00

GPS: 49.4692698, 22.3252794



Ceramic workshops

Breakfast at the hotel.

Transfer to the Carpe Diem Ceramics Studio in Jankowce, ceramics workshops, presentation of ceramics and its importance for the Dolinians.



Ceramics workshop Carpe Diem

Products

Jankowce 98, Lesko

<http://garncarstwo.bieszczady.pl/>

Monday 10: 00-18: 00

Tuesday 10: 00-18: 00

Wednesday 10: 00-18: 00

Thursday 10: 00-18: 00

Friday 10:00 am - 6:00 pm

Saturday 10: 00-18: 00

Sunday Closed

GPS: 49.4839997, 22.355104



Beekeeping farm

Visit to the beekeeping farm, presentation and tasting.



M&M Apibieszczady beekeeping farm

Products

Jankowce 62, Lesko

apibieszczady@gmail.com

www.apibieszczady.pl

GPS: 49.486735, 22.353654



Visiting the ruins of the Monastery in Zagórze

Drive through Zagórz (stop at the ruins of the Monastery, Klasztorna 40, 38-540 Zagórz, view of the San bend) to Zahutyń.



Monastery of the Discalced Carmelites in Zagórze.

What to see?

Klasztorna 40, Zagórz

Monday 10: 00-17: 00

Tuesday 10.00-17.00

Wednesday 10.00-17.00

Thursday 10.00-17.00

Friday 10:00 am - 5:00 pm

Saturday 10: 00-17: 00

Sunday 10:00 am - 5:00 pm

GPS: 49.501822, 22.274556



Zachutyń lunch

Traditional dishes of the Podkarpacie region deserve attention, such as syrniki (pancakes made of white cottage cheese with sweet cream), stolniki (cabbage rolls stuffed with grated potatoes, onions and bacon), łężnie (potato chops stuffed with sauerkraut), sauerkraut (sauerkraut pancakes) cabbage with cream) or hryczane warenyki (dumplings made of spelled flour with buckwheat, cottage cheese, onion, nettle and wild garlic)



Old Friends Chata

What to eat?

Zahutyń 281, Sanok

restauracja@chatastarychnajomych.pl

www.chatastarychnajomych.pl

Monday 11: 00-21: 00

Tuesday 10.00am - 9.00pm

Wednesday 10: 00-21: 00

Thursday 10: 00-21: 00

Friday 10: 00-21: 00

Saturday 10: 00-21: 00

Sunday 10:00 am - 9:00 pm

GPS: 49.5272233, 22.2420019

The end

Transfer to the Jasionka airport in Rzeszów or Balice in Krakow.

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GPS: 50.1192541, 22.0602627

Start

Arrival by plane to the airport in Balice or Jasionka, transfer by coach to Sanok.

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GPS: 50.1192541, 22.0602627